



Aberdeen Inter-Company Row 2019 - Sponsored by Neptune Energy

Aberdeen Boat Club
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Sponsored by:



Aberdeen Inter-Company Row 2019

Your company is invited to take part in the 35th annual Aberdeen Inter-Company Row – the most successful event of its kind in Britain!

Every year competitors from up to 40 organisations from the North East of Scotland take to the River Dee to try their hand at one of Britain's most successful Olympic sports, progressing from enthusiastic novices to spirited competitors on regatta day. The most successful crews take away a range of prizes - all crews take away happy memories of healthy team working in a new sport. Many decide to carry on rowing.

Will you be a winner in 2019?

Crews of 4 will ideally comprise two men and two women, however the event is open to all male and all female crews, and handicaps are applied. Organisations may enter as many crews as they wish. Crew members should not have any previous rowing experience. Experienced Aberdeen Boat Club coaches will train the crews at evenings or weekends by arrangement. The training leads to the challenge and excitement of racing at the Aberdeen Inter-Company Regatta on Saturday 22nd June 2019, a fun day out, not just for the crews, but also for supporters, colleagues, family and friends.

Entries for the 2019 event are now being accepted. All you need is a crew, a £360 entry fee and the enthusiasm to throw yourselves into the six 1 1/2 hour training sessions before the regatta. We hope you will take up this challenge and join the many workplaces that enjoy the Aberdeen Inter- Company Row year after year.

For entries, please complete and return the enclosed entry form to Tony Denison (ABC Inter-company Regatta Coordinator) of Aberdeen Boat Club at the above address or alternatively email directly at: www.abcintercompanyrow@abc-dee.co.uk or call 07540 468579. For more information please also see our club website – www.abc-dee.co.uk See you on the water!

An introduction to this year's sponsor - Neptune Energy

Neptune Energy's vision is to be the leading international independent E&P company.

They are expanding organically and through acquisitions with a regional focus on the North Sea, North Africa and South-East Asia. They operate in a truly sustainable way; prioritising Health & Safety performance and minimising environmental impact. Driven by a relentless determination to succeed and by applying entrepreneurial drive and innovative technology, they commercialise and develop new resources, improve operating efficiencies and add reserves to significantly enhance value.

On behalf of ABC and Neptune Energy, we look forward to welcoming you to the **2019 ABC Inter-company Regatta.**

Jim Steel
Aberdeen Boat Club President